

Apple Chips

ingredients

3 medium sized apples
sprinkle of sugar + salt + cinnamon

directions

preheat oven to 200. slice off the top of the apples (stem side up). using a mandolin, slice apples thinly. lay apples on 2 parchment lined baking sheets. sprinkle with cinnamon, salt, & sugar. bake for 40 minutes. remove and flip apples over to the other side and rotate pans. bake for an additional 40 minutes or until apple edges curl and apple flesh is slightly crisp.